



Albany
ARC

Mental Health Program

Albany ARC Mission

Albany ARC is a non-profit organization started in 1963. Its basic purposes are to promote the general welfare of people with disabilities, wherever they may be and to foster the development of programs on their behalf.

Albany ARC Vision

All of us at ARC believe it is our duty to see to it that everyone should have the same opportunities to enjoy the same rights and freedoms, regardless of abilities or disabilities.

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Mental Health Program
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Mental Health Residential Program

Albany ARC's Independent Residential Services provides scheduled residential service to a consumer who requires a low level of residential structure to maintain stable housing, continue with their recovery, and increase self-sufficiency. This residential placement is the consumer's choice and is integrated in the community in a scattered site individual residence.

AARC staff visits the consumer on an as needed basis according to the individual's needs. These weekly visits are of a varied duration and at varied times of the day. The Case Manager for this program is available at any time day or night via cell phone. In the event of prearranged vacation or illness there is a voice message left on that phone instructing the individual who to call and at what number.

We strive to meet these outcomes:

- a. Reduction in hospitalizations;
- b. Reduction in incarcerations;
- c. Maintenance of housing stability;
- d. Participation in education, vocational training or gainful employment, if this is a goal in the desire/wish of the consumer
- e. Participation in community meetings and other social and recreational activities;
- f. Participation in activities that promote recovery and community integration.

We accept referrals from other social service agencies as well families and the individuals

Mental Health Treatment Court

The Treatment Court program was begun by Judge Steven Goss of the Albany/Dougherty County circuit. Judge Goss regularly hold court at the Dougherty County jail for people who potentially could be sent to a state of Georgia Department of Corrections facility.

Albany ARC's part in this cooperative effort is to provide "wrap around" case management services to those that are referred to us by the court. We also strive to reach the same outcomes listed under the Independent Residential Program.

The Case Manager assigned to the Treatment Court regularly communicates not only the consumer but with the mental health provider and the local probation office.

This program only accepts those cases referred to us by the Treatment Court team.

Transition and Aftercare for Probationers and Parolees (TAPP)

TAPP is case management of the "wrap around" variety. It is our goal to link recently released inmates (with a Mental Health Diagnosis) to whatever services may be needed. It is our desire that they have the best chance possible of succeeding and not re-offending.

Former inmates that meet the mental health requirements are eligible for services regardless of their offense or whether or not they are being supervised by either probation or parole.

TAPP Mission

It is the Mission of the TAPP program to assist recently released, mentally ill or developmentally disabled, inmates get linked to services and goods that they need in order to have a better chance of succeeding without re-offending.

Guiding statement of all three of Albany ARC's Mental Health programs:

Those of us involved with Albany ARC's mental health programs believe that those who have offended, committed crimes or just plain acted out at times have a right and a responsibility to live in or re-enter their chosen community as a law abiding citizen. We believe these same persons have the right to be treated with the same respect and dignity as any other member of society.